

SARAH RITCHIE

*Purpose
Made*

12 steps to discovering your God-given
purpose and living an abundant life

Audiobook Worksheets

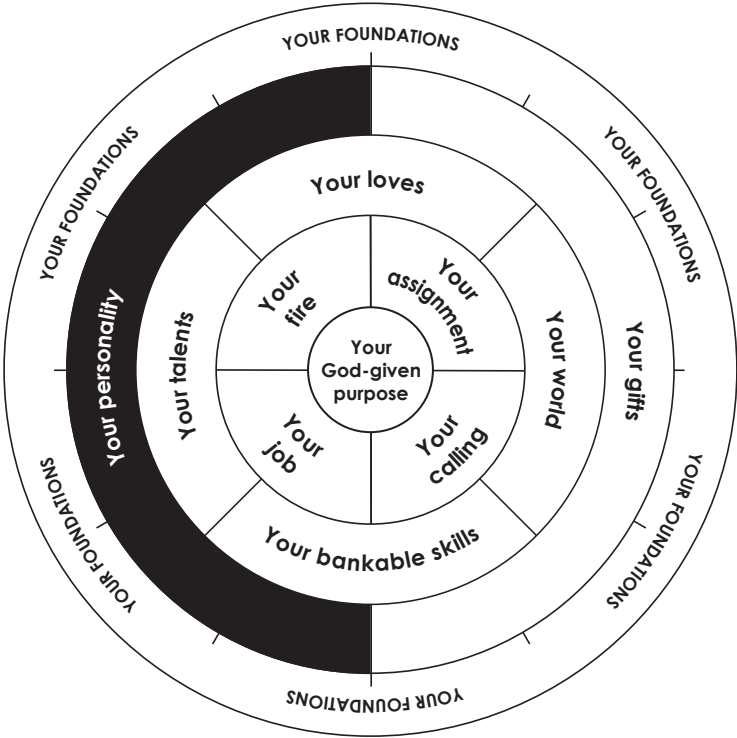
sarah-ritchie.com

© Sarah Ritchie 2023

Purpose Discovery Wheel

STEP 2

Your personality



Question

What characteristics make up your personality?

Let's look at this question in three parts.

Part 1: Write down all the words you can think of that describe your personality:

Part 2: Ask one or two people (who know you well) to describe your personality and write down what they say. It can be beneficial to choose one family member and one friend (or a colleague) to obtain different perspectives.

Part 3: Take an online personality test and write down the key personality traits that the test reveals. Indicate [agree / disagree] whether or not you agree with the test results for each trait. It's a good idea to print or take a screen shot of your results so you can refer back to them in the future, or paste them into the *Purpose Made* book with the date you took the test.

agree / disagree

agree / disagree

agree / disagree

agree / disagree

agree / disagree

agree / disagree

agree / disagree

agree / disagree

agree / disagree

EXAMPLES OF FREE ONLINE TESTS:

- 16personalities.com (a modified, free version of the MBTI test, below) - provides a particularly comprehensive report.
- High5Test.com
- Crystalknows.com/personality-test

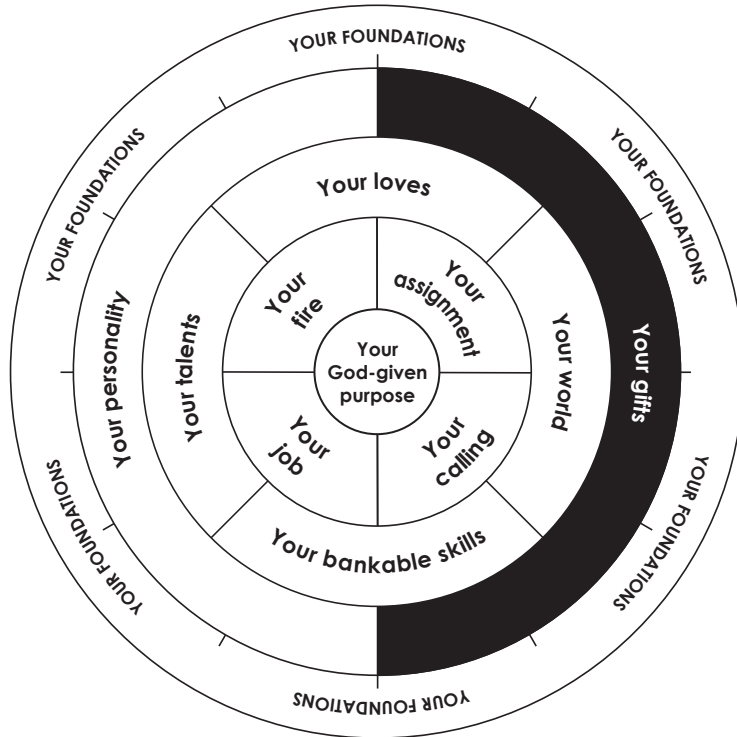
EXAMPLES OF PAID ONLINE TESTS:

- MBTI (Myers-Briggs Type Indicator): MBTIonline.com
- Gallup CliftonStrengths Assessment: Gallup.com/cliftonstrengths

Purpose Discovery Wheel

STEP 3

Your gifts



Question

Knowing that you have been given at least one of the God-, Jesus- or Holy Spirit-given gifts, which gift(s) do you think is (are) yours, and is each one a speaking or serving gift?

speaking / serving

speaking / serving

speaking / serving

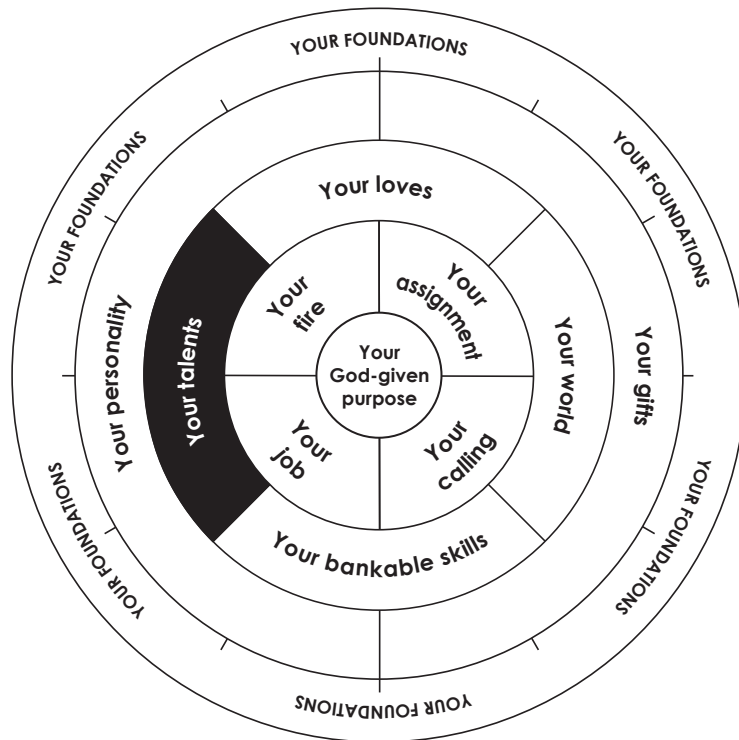
speaking / serving

speaking / serving

Purpose Discovery Wheel

STEP 4

Your talents



Question

What are your talents?

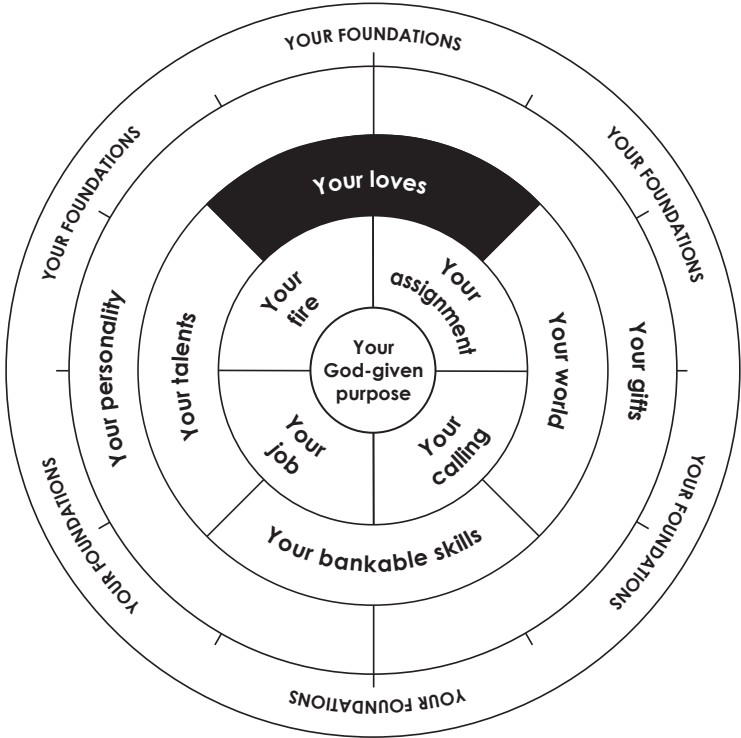
To help you answer this question, consider the following:

- What comes easily to you?
- What are you particularly good at doing?
- When are you most effective?
- What strengths or abilities do other people recognise in you? It can be helpful to ask your friends and family for their input – often others will see your talents more clearly than you can.
- What do people repeatedly compliment you on or remark about?
- Do you have any talents that were evident as a child or young adult?

Purpose Discovery Wheel

STEP 5

Your loves



Question

What are your loves?

To help you answer this question, consider the following:

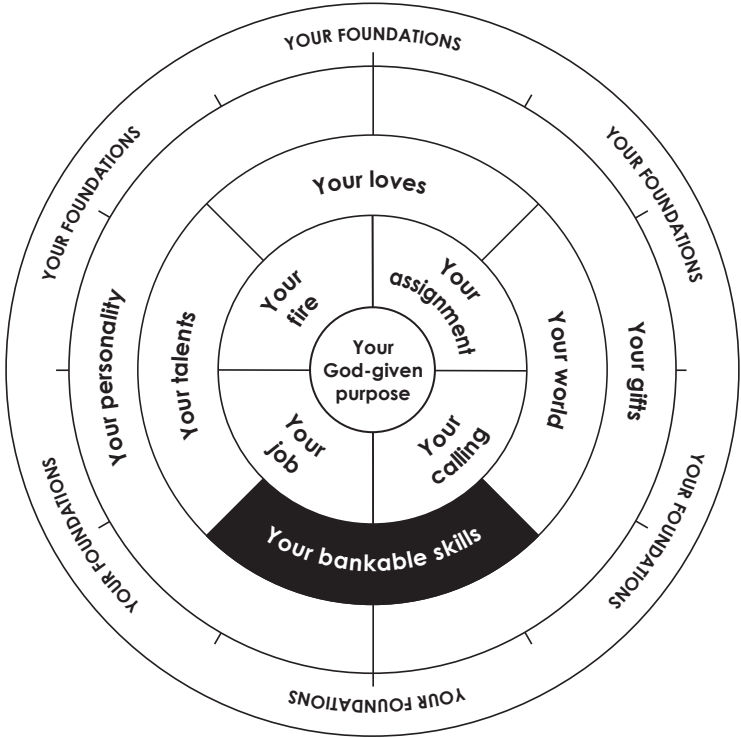
- What makes you glow?
- When do you feel most 'alive'?
- What makes you feel happy?
- When were the times in your life that you experienced the greatest joy (a.k.a. your 'joy triggers')?
- What qualities do you enjoy expressing the most in the world?
What ways do you enjoy expressing those qualities?
- What things, people, or activities do you spend the most time or attention on?
- What do you like spending your discretionary income on?

After you have considered these questions, what are your top three to five answers?
Is there an underlying theme running through the things you love? If so, write that
down too.

Purpose Discovery Wheel

STEP 6

Your bankable skills



Question

What are your top 3–5 bankable skills?

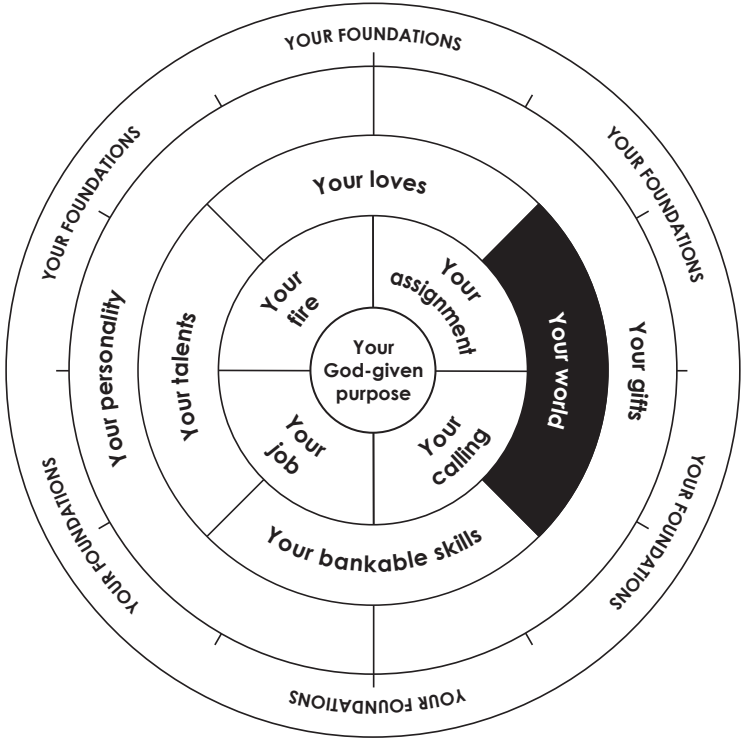
To help you answer this question, consider the following:

- What have people paid you to do in the past?
- What could people pay you to do in the future?
- What skills could you monetise?
- What gaps could you fill in the market?

Purpose Discovery Wheel

STEP 7

Your world



Question

What does your world need?

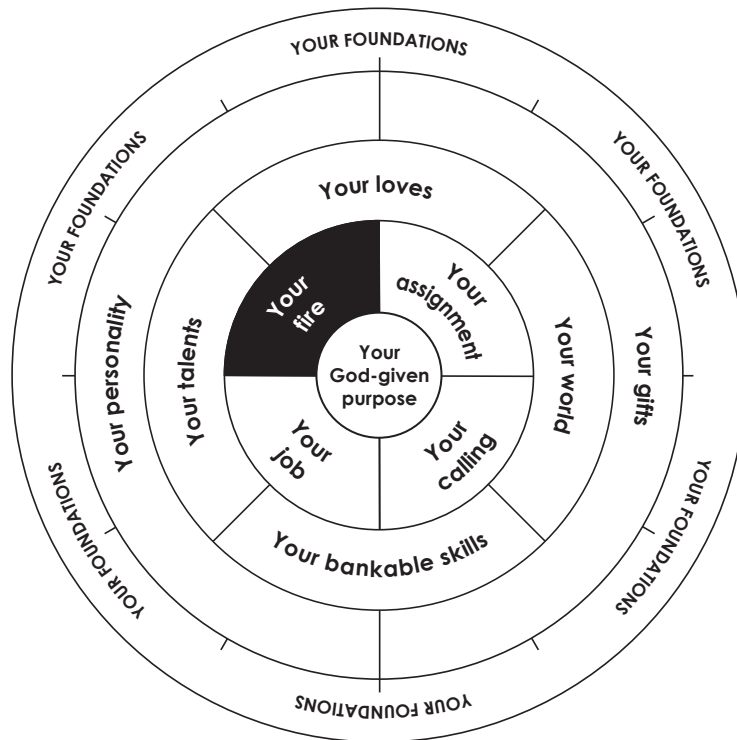
To help you answer this question, consider the following:

- What do you have a 'heart for'?
- What group of people do you feel needs help the most?
- What issues or causes do you feel most strongly about?
- What would your world look like if it were operating perfectly according to you?
- What are the things that are most important to you?
- What news items make you mad?
- What might you watch on TV that will make you cry?
- What things do you see around you that could be improved?

Purpose Discovery Wheel

STEP 8

Your 'fire'



Question

What sets the core of your being on fire?

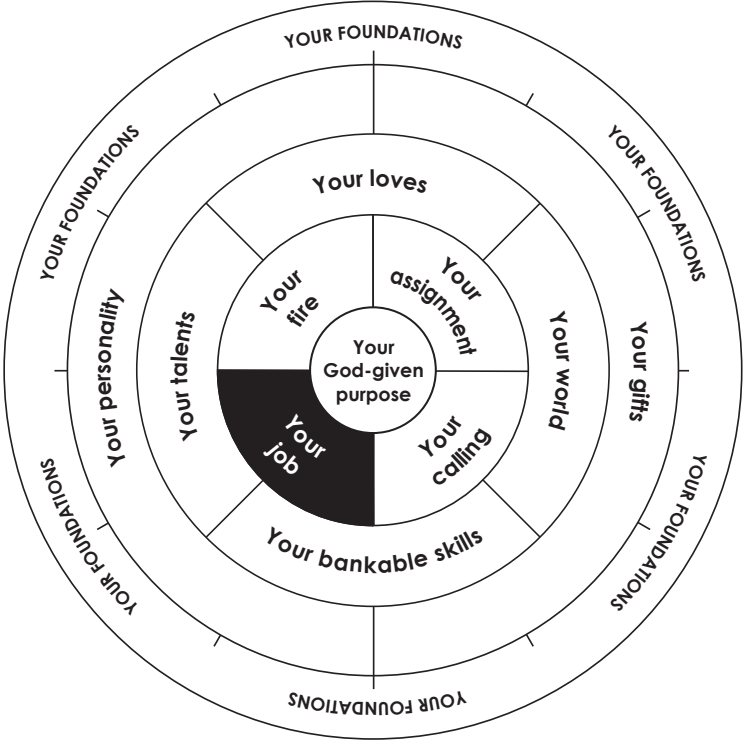
To help you answer this question, consider the following:

- What would your friends say you were really interested in or passionate about?
- What topic of conversation will keep you up talking until late at night or cause you to lose track of time?
- What would you most like to do for others?
- When do you feel 'in the zone' or 'in the flow'?
- What brings the most satisfaction and meaning to your life?
- What topics inspire you to get actively involved or engaged?
- What energises you?
- What are you willing to make sacrifices for?
- What bothers you or makes you angry?
- What brings a tear to your eye or well-up with emotion?
- What gives you a goose-bump reaction?
- What are your most 'authentic' moments?

Purpose Discovery Wheel

STEP 9

Your job



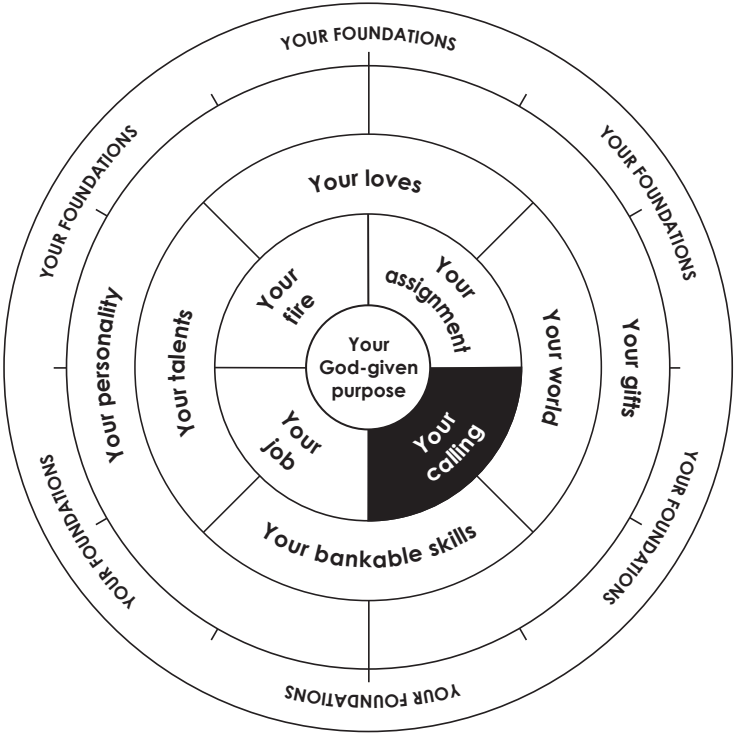
Question 1

What job(s) have you held over the years?

Purpose Discovery Wheel

STEP 10

Your calling



Question

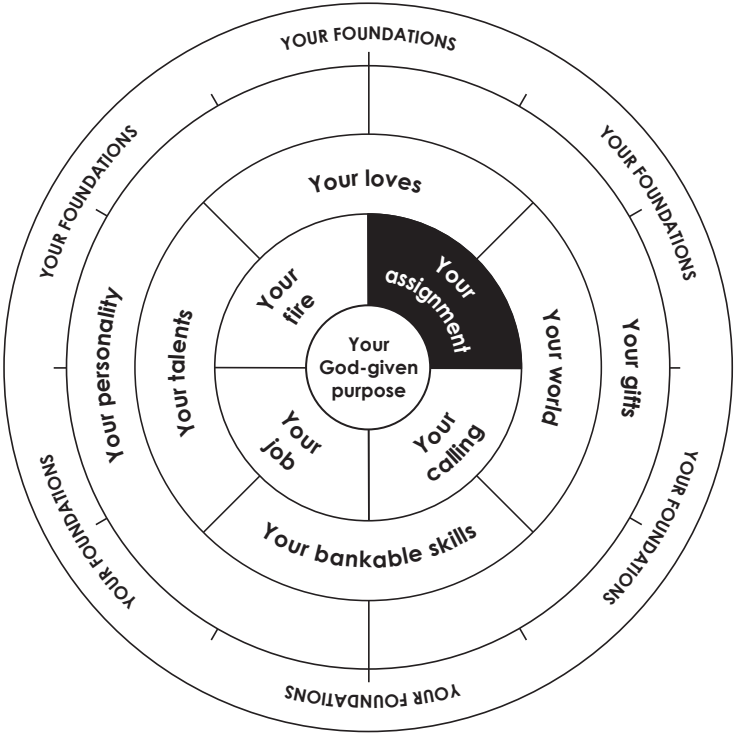
What can you identify as your calling or vocation?

You may list more than one thing, especially if you feel that your calling is still unclear.

Purpose Discovery Wheel

STEP 11

Your assignment



Question

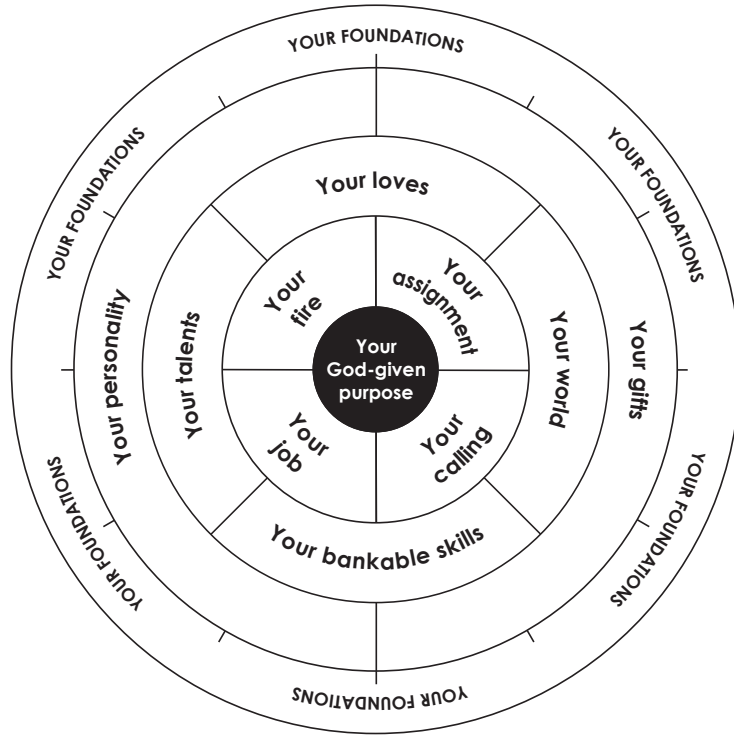
What can you identify as your divine assignment?

You may list more than one thing, especially if you feel that your assignment is still unclear.

Purpose Discovery Wheel

STEP 12

Your God-given purpose



Question 1a

What is your God-given purpose?

To help you answer this question, it's time to review what you wrote for Steps 3 to 11. Choose the answers that you would rank #1, #2 and #3 on each list and write them below.

Step 3: Your gifts

Step 4: Your talents

Step 5: Your loves

Step 6: Your bankable skills

Step 7: Your world

Step 8: Your 'fire'

Step 9: Your job

Step 10: Your calling

Step 11: Your assignment

- Can you see your story start to unfold when you combine Steps 3 to 11?
- Can you see strong themes emerging or double-ups?
- Can you see how God has been drawing the seemingly different facets of your life together into one amazing picture?
- Can you see your gifts running through any of the other Steps?

Question 1b

What is your purpose-narrative (your God-given purpose)?

Question 1c

How will you achieve your purpose?

- What do you think of your results? Do they help to give you a broad picture of how God is working in your life?
- Did you get a sense of excitement to see how the various facets of your life are intertwined?
- Are you where you want to be?
- Are there any Steps in the *Purpose Discovery Wheel* that are not yet clear to you? Remember that this is OK and normal – God will reveal the fullness of His plans for you in His time.

Thank you!

I want to express my heartfelt gratitude to you for joining me on this journey of self-discovery and personal growth.

Remember, you are unique – fearfully and wonderfully made by our Creator God who loves you beyond measure. Your life is purposeful, and you have the power to make a positive impact on this world – your world.

I encourage you to take these lessons to heart and apply them to your life. May you walk confidently in the direction of your purpose and live a life of abundance.

If you would like to get in touch, please contact me via the contact form on my website, www.sarah-ritchie.com. I would love to hear your story, especially if this book has made a positive impact on your life.